

## PE and 5X60 Extra-Curricular Time



## **Table**

Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Time	Lunch Time	Lunch Time	Lunch Time	Lunch Time
IN SHIRE DODGE CALL	Basketball/	Boxercise	Badminton Club	<u>Lunch inne</u>
	Dodgeball	with Christina in G5	All Years Welcome	WS .
CLUBS	in the sports hall	HIS A	6 <sup>th</sup> Form Assistant	GIRLS!
<u>Dodgeball/</u>	for years 7,8,& 9	GIRLS!	coach Rebecca	Girls Only Club
Wheelchair Baskathall	with Bethan		\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	Wheelchair
Basketball in the	Cheerleading	Futsal 5@ Side on the tennis courts	<b>Badminton</b> Wales	<u>Basketball/</u>
sports hall	<u>Club</u>	with Hayden		<u>Indoor football</u>
for Years 10&11 Bethan &		Aura Coach	<u>Competitive</u>	All years welcome in the gymnasium
Ana Gold YA			<u>Opportunities</u> :	With Ana Gold YA
Kusa Walangeering	BCC BUCKLEY CHEERLEADING CLUB	AURA	Ton doboold comp	
Wood and a second	Coach Cheryl in the Theatre		Top schools comp for club players	Committeening
Footballs will be	Years	1.13	for club players	
given out give	7&8/12.45-	GIRLSI	Shuttle Time 5x60	SPORTS LEADERS
planner to Bethan to secure the ball	1.15pm	Year 11 Us Girls	comp for non-club	
To secure the built		Event @Deeside LC	players	
		Friday 27 <sup>th</sup>		
		September		
After School	After School	After School	After School	<u>After School</u>
KS 3 Netball	Community		Delyn Gymnastics Club	5x60 Leisure
<u>Club</u>	Hub PARKOUR(free	AURA		Club @ Jade
3.30pm till 4.30pm With Year 10 Level	PARKOUR(free running Gymnast		<u>High School</u>	Jones Pavilion
2 Sports Leaders	session)	Girls Football	<u>Session</u>	gones ravillon
SPORTS LEADERS	7.30 till 8.30pm year 8 upwards	with Hayden	3.45pm 4.45pm @ flint high school	Gym usage
	@flint high	Aura Coach 3.30pm till 4.30pm	gymnasium	£2.00
	Delyn Gymnastics Club	3.30pm 1m 4.30pm	£2.00 per session	Teen Fitness Class
	New Session/	Boys Football		£2.00
	Sesiwn Newydd	With Dylan Aura Coach	Community Hub football session	Ten pin Bowling
	Teen Fitness	3.30pm till 4.30pm	@ Flint high NEW 3G	£2.00
	Class	· ——-	Pitch	(min 8 people)
	<u>@Jade Jones</u> <u>Pavilion4.00pm till</u>	Hockey Club	7pm till 8pm Free session	PASILAND PROMISE VANDAL PROMISE V FELINT FLINT
	4.30pm £2.00	With Mrs Heaton		
		till 5.00PM		



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		aura	
Tuesday	Wednesday	Thursday	Friday
<u>Gymnastics</u>			
Club			
At flint High			
	Gymnastics Club	Gymnastics Club At flint High School Free Session All years welcome	Tuesday Wednesday Thursday  Gymnastics Club At flint High School Free Session All years welcome